



S.A. Sterling
 Author & Women's
 Empowerment Advocate

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S. A. Sterling is a writer and storyteller with a mission to empower and uplift. Holding a master's degree in foreign Languages, Sterling is a devoted language teacher who enriches her students' lives, guiding them through the beauty and power of words. Her multilingual skills allow her to connect effortlessly with diverse audiences, transcending language barriers and inspiring people globally. Her books celebrate the unsung heroines of our world, aiming to empower readers through tales of extraordinary women who've turned adversity into triumph.



**RIDE ON! DAME SARAH STOREY'S
 EXTRAORDINARY JOURNEY OF TRIUMPH
 The Exclusive Story of UK's Most
 Decorated Paralympian**

Explore the life of Dame Sarah Storey with S.A. Sterling's engaging storytelling. This narrative delves into her impactful career not only as an elite cyclist but also as a fervent advocate for eco-friendly initiatives and inclusivity in sports. Offering insights into her drive to challenge norms and inspire others, the book invites readers to discover their own strength and pursue excellence. Available in English and Italian, it's a compelling read for anyone seeking motivation from a remarkable journey.

REVIEWS:

"S.A. Sterling's portrayal of Dame Sarah Storey is not only a terrific read, but also necessary. When it comes to women in sport, we need more books on shelves. Inspiring, trailblazing women like Dame Storey need to be known and appreciated. Sterling's Ride On brings a fantastic story to life and also helps achieve parity on the male-dominated sports shelf. Bravo to both Storey and Sterling." - **Kathryn Bertine**, activist and author, Stand: A memoir on activism, a manual for progress.

"S.A. Sterling captures the indomitable spirit of Dame Sarah Storey, making 'Ride On!' a must-read for sports aficionados and anyone inspired by human resilience." - **Molly Hudson**, Sports Journalist, The Times

"An epic journey of resilience and triumph— a must-read for all." - **Daniele Molmenti**, Olympic Gold Medalist and World Champion in Canoe Slalom

"If you're in need of inspiration, 'Ride On!' offers a compelling look into human determination and achievement." - **Davide Cimolai**, Professional Cyclist

AS SEEN ON:

